



# STOCKDALES

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## Night Carer/Support Worker

### **Job Description**

To provide 10hours of overnight support and care for adults/children with profound disabilities and learning difficulties.

**All night staff work a 'waking night' where sleeping is not permitted.**

Night staff work in pairs whilst on duty to ensure all the personal and healthcare needs of the residents are met throughout the 10hour shift.

This post is subject to an Enhanced Disclosure by the Criminal Records Bureau.

### **Principal Responsibilities**

1. To be familiar with the current careplans and risk assessments of each resident at the start of each shift.
2. At the beginning of each shift to be familiar with any changes in the resident's condition or situation by reading daily care plans, diary sheets, communication books etc.
3. Ensure all residents are comfortable and safe, beds are at the lowest height, all bumpers are in situ and bed sides up at the start of shift
4. To take direction from the incharge on shift
5. To report immediately any changes to the senior person on shift/Manager.
6. To ensure knowledge of Duty Manager on call out arrangements for the nights worked.
7. To ensure the safety of residents at all times by undertaking physical checks every 15minutes
8. To be familiar with both Adult and Child Protection policies and procedures.
9. To assist with the preparation and serving of supper and breakfast and any refreshments required throughout the night whilst adhering to individual risk assessments and careplans.

10. To carry out pressure area care by assisting residents with mobility problems and other physical disabilities to change position throughout the night.
11. To make and change beds as required, assist in the care of personal clothing and washing, to do some light cleaning, including wheelchairs, comfy chairs, ensuring the home environment is clean and tidy at all times
12. To encourage and support residents, assisting with bathing; dressing/undressing; personal cleanliness and appearance, including the removal and hygienic disposal of soiled clothing, the management of incontinence wear and aids.
13. To assist trained staff with specialist care procedures as directed.
14. To be familiar with the location and operation of all lifting and hoisting equipment and to be prepared to attend courses on lifting and handling techniques.
15. To be familiar with the fire evacuation procedure and call out of emergency services
16. To comply with all Health and Safety policies and procedures.
17. To attend staff meetings, individual meetings and training courses as appropriate.
18. To undertake any other reasonable duties as directed by the incharge/management
19. To adhere to the General Social Care Council Code of Practice for Social Care Workers at all times.
20. Maintain good working relationships with other professionals in the event of hospital admission of a resident.

**This job description is not intended to be either prescriptive or exhaustive; it is issued as a framework to outline the main areas of responsibility and is open to change and review at any time.**

**Salary** - £6.23 - £6.50 per hour depending on experience and qualifications.  
Additional £6 paid per night worked for night workers. There is an annual pay review in April.

**Hours** – Max 30 contracted hours per week on allocated nights

**Breaktimes** – 20minutes entitlement for every 6 hours worked. This is paid time and staff are expected to be awake, alert and accessible to the other member of staff at all times. Breaks are organised between the 2 staff on nights so one member of staff carries on undertaking the required checks.

**Holidays** – Currently 15 ½ days if working 30hours pro-rated accordingly. As of April '08 this will increase to 16days if working 30hours and pro-rated accordingly if working fewer hours.

**Health care benefits** provided by company Healthsure scheme after 1 year qualifying service

Ongoing professional development, guidance and support from experienced managers

### **Personal Specification**

#### **Qualifications and Training**

NVQ Level 2 in Care preferred or equivalent and ability and willingness to complete NVQ3.

#### **Experience**

Knowledge and experience of working with disabled people with physical and learning disabilities who require personal care and physical support.

#### **Skills and Abilities**

Good verbal communication, ability to communicate relevant observations to others about the residents receiving support .

Basic fitness and good general health

Experience of practical care skills e.g. assistance with intimate personal care, feeding , support with continence, manual handling tasks

Personal commitment to self development and willingness to attend training.

Personal commitment to continuous service improvement.

Personal commitment to actively promote the well-being of people supported at Stockdales

Willingness to be flexible in working arrangements and to meet the needs of the service.